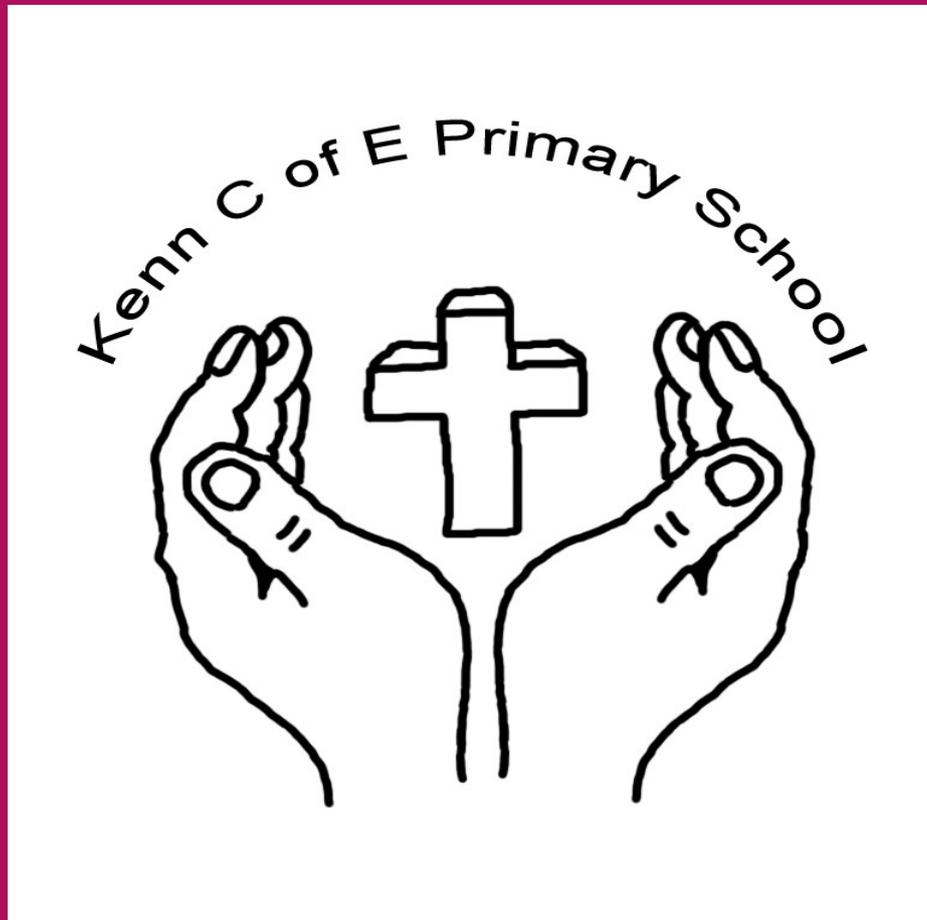


Kenn Church of England Primary School
Kennford, Exeter, Devon, EX6 7TX
Tel and Fax: 01392 832347



Newsletter

Friday 7th February 2020

Diary of Events

	Please follow the link to view our online calendar: http://www.kenn-primary.devon.sch.uk/calendar/	
Friday 14th February	Last day of term	
Monday 24th February	First day of school	

Please spread the word about our meal-time assistant vacancy -

Mealtime Assistant vacancy— pay grade A1 £9.00 per hour—1 1/4 hours per day term time only

From January 2020 we need to appoint one additional Mealtime Assistant for Kenn Primary at least 2 days – for 2 lunchtimes per week. If you are interested please can you contact the School Administrators or Mrs Somerwill for more details.



Forest School will be starting on Tues 25th February for Year 2 and a select group.

.....

Each class will be sharing their work in an assembly soon so please come along and hear what the children have been learning about.

Please check the dates and times on the calendar as Class 2 will be having theirs in the morning, rather than the afternoon.

Are you able to help?

- Do you have any new (or worn but in good condition) grey tights? KS1 need to replenish their stock of spare clothes and there is a shortage of grey tights.



Thank you very much for the wet play games that we have been receiving—some of them are brand new! We really appreciate them.

A big thank you to those of you who have been able to offer your help with reading in school, helping on trips and Forest School. We are always short of adults when taking KS1 out of school due to the adult to child ratio so please let Susie, in the office, know if you are available to help next term.

PTA NEWS

The PTA would like to say a huge thank you for all your support so far this year. Since the new academic year in September the PTA have raised an impressive **£637.24!**

The events we have organised so far have been:

- Refreshments at the plastic free event
- Christmas Tea Towels
- Bonfire Bonanza
- Refreshments at the Carol Service
- Chinese New Year Disco!

We are busily fundraising in an effort to repair/replace the outdoor wooden play equipment which has been sadly out of action for most of the academic year. It may take us a couple of years as this equipment is very expensive, but the children really miss it and we feel it is a priority for our school playground.

We have lots of great ideas for the Spring/Summer terms but any other ideas from you will be greatly received. We are always looking for more people to join our committee (joining us in the pub once or twice a term to have your say) and helping out at events.

Thank you all!

Mental health

Dear Parents/ Carers,

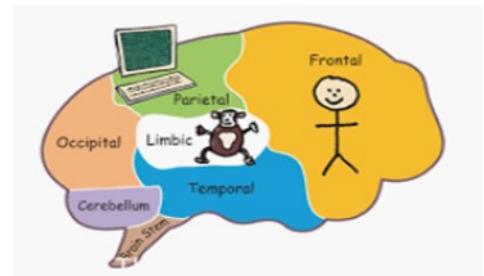
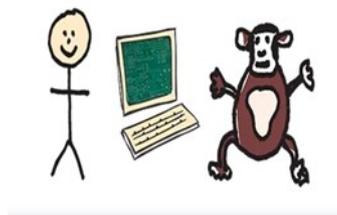
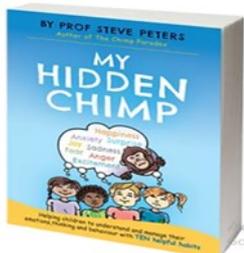
This year, part of our work in assemblies is exploring how our minds work, how we can manage our emotions and giving our children real strategies to help them to manage their own mental health. We have begun looking through the book 'My Hidden Chimp' by Professor Steve Peters. I would really recommend this book to any of you. It is a children's version of Professor Peters' book 'The Chimp Paradox' and is very accessible for children of all ages.

The book is based on Professor Peters' theory of the mind—essentially he states that we all have 3 parts to our mind—a *computer* where we store our memories and facts as well as the values we have developed over time, a *human part* involved in rational thinking, logical judgement and calm reflection and a *chimp part* which involves our intuition and those responsive emotions which can sometimes drive us.

Professor Peters argues that the chimp part of our brain is outside of our control. This is why we sometimes experience fear, anxiety, worry, stress, anger etc. even if we don't want to. However, even though we can't stop these feelings, we can try to manage them - we are still responsible for the actions we demonstrate in response to these feelings. I have spent several assemblies working through the introduction of the book, outlining the different parts of our mind and explaining what is meant by the chimp part of our brain (it's not a real chimp!).

The book then goes on to provide 10 very simple strategies through which we can learn to manage our chimp and the emotions that arise from it. Chapter 1 is focused on the powerful impact of smiling. It has been established through research that not only does smiling use less muscles than frowning, but also the act of smiling can actually produce endorphins, the chemicals which make us happy. Smiling makes us happier! We discussed in assembly how we can help ourselves to smile by remembering the good things in our life, or recalling a funny story or event. If we are still finding it difficult to lift our own mood, it is then essential to ask others for help with this. It has been fun exploring the chimp paradox idea with the children and I have not failed to be impressed already by the thoughtfulness they bring to our discussions. We will continue to explore the different strategies in this book. If you are interested in buying this, it is available on Amazon and in any other bookshops.

Rachel Garner



Allotment club

Allotment club will start on 24th February with our allotment volunteer, Georgina and Mr Kay. Please remember to pack old clothes and wellies so that the children can get changed at the end of the school day. If the weather is really bad, we do try and run an indoor version of the club. However, this isn't always possible so we will contact you as soon as we can. Allotment club is full for Spring term. We have a waiting list for Summer term please ask at the school office.

Science club

The school had a visitor from Fizz Pop Science in assembly this week. She was here to tell the children about an after-school club that begins after half term and gave an interactive presentation all about air which involved straws, a hairdryer and a leaf blower! Please see the attached flier for details of how to sign up to the club.

www.FIZZPOPSCIENCE.CO.UK
Fizz Pop Science Taunton & Exeter
01278 448 602
Taunton-exeter@fizzpopscience.co.uk
School: Kenn Primary School
Day and Time: Tues 3:40pm to 4:40pm
Dates: 25/2 3/3 10/3 17/3 24/3
5 Week Programme Cost: £36

Experiment! Discover! Inspire!

Our After School Programmes are designed to inspire our children towards gaining an interest in the Sciences. Our workshops are a mixture of exciting demonstrations and thought provoking hands-on experiments and tasks.

'Out of Our Senses' - Sensational Science!

TASTE BUDDIES!
Finding out about flavour is the aim of this session, we explore the reasons why we like some food and drinks, but not others. We will even make sherbet to help investigate what makes our drinks fizz and more acidic.

GO WITH MY GUT!
Follow food down into the belly as we enter the guts and digest the inner workings of our body from dinner plate to toilet bowl. Find out how the body gets as much as we can by eating and what waste we leave behind.

SNOTTY SCIENCE!
The body is under attack from dangerous germs and we must protect it! Find out about this seasons must have mucus and how it protects us from the dangerous invaders all around us. Just in case, take some extra home with you as well.

I CAN'T BELIEVE MY EYES!
Seeing is not always believing! We open our eyes to the wonderful world of optics and the workings of the brain. We will see how our brain plays tricks on us to see things are not really there!

SHOW ME THE LIGHT!
Become illuminated as we split apart light into rainbows. Discover how light travels and how it can be used every day. Discover invisible messages that are hidden in plain sight to help keep us all safe.

FUN GRADUATION!
Hopefully we have opened your eyes to the world around us! You will be rewarded with a certificate and a special gift in this fun-filled SOUND session.

ONLINE SIGN UP ONLY
Visit our website...
www.FIZZPOPSCIENCE.CO.UK
Click on the **Online Sign Up** at top right of web page

PLEASE NOTE as of June 2018 we are unable to accept Reception year children, only Year 1 - Year 6

Further terms and conditions and our data protection and privacy policy information can be found on our website at: fizzpopscience.co.uk/school-club/

We will be having a school science week in March when the children will be taking part in different activities. As part of this, I would like to invite any of you in to come and speak to the children about the role that science (or engineering and maths) plays in your job or hobby. In the past we have had a builder, doctor and plumber amongst others. The idea is to try and get children to make the link between the work they do in school and how this translates to the real world with real jobs and real people. It would be good to have a range of people coming in who are willing to speak to one class or more. If you're interested, please come and speak to me or send an email into school.

Many thanks
Mr Kay

Email: admin@kennandkenton.devon.sch.uk



St Andrew's Church, Kenn



Charity Lunches

At The Kenn Centre

Will be held at 12.30 – 2 p.m

Mondays - March 2nd 9th 16th
& 23rd

Saturday 28th

**Please come along and enjoy good company
with a bowl of delicious home made soup,
a pudding and tea or coffee.
£5 adults and £2.50 children**

**All proceeds will be shared between The Dystonia Society
and St Petrock's (Homeless Action Group)**

Lifts can be arranged – please contact

Mervyn Hosking on 832896 or Simon Preece on 832462



RE

The ICE team gave us some questions to think about during Class 4's visit to Belmont Chapel this term.
What do you think?

What do YOU think?

In what way has the world changed since the days of Jesus?

Our needs and problems are just the same as they have always been.

In this zone discover how!

Definition: A miracle is when God does something that temporarily sets aside the laws of nature.

Word jumble

Can you unjumble these verses from the Bible?

Jesus said: "spoken The have words very are I to life you spirit and."
John 6:63 (New Living Translation)

Peter said to Jesus: "eternal have the You words life that give."
John 6:68 (New Living Translation)

Jesus said: "satisfying My is them to a purpose rich give and life."
John 10:10 (New Living Translation)

Did you know that some of the sayings of Jesus are in everyday use?

Did you know?

- The salt of the earth. Matthew 5:13
- Let your 'yes' be 'yes' and your 'no' be 'no'. Matthew 5:37
- Turning the other cheek. Matthew 5:39
- Going the extra mile. Matthew 5:41
- You can't live by bread alone. Luke 4:4
- Don't hide your light. Luke 8:16-17
- Being a 'Good Samaritan', Luke 10:25-37
- A millstone round his neck. Luke 17:2

Life works

What would you say?

If you had been there when Jesus did some of his miracles, what do you think you would have said?

Jesus took the lunch of a small boy (five loaves and two fish) and fed 5000 hungry men, as well as many women and children. John 6:1-15

What would you have said if it was your lunch he'd used?

A beggar, who had been born blind, met Jesus and received his sight. John 9:1-7

If you were one of those who used to give the blind man some money, what would you now say to him?

Reading at Home FS and Key Stage 1



Can your child...

Predict it!	...predict what might happen next before reading and after they have read some of the book <i>What might happen next why? How do you think the story will end?</i>
Understand it!	...understand all of the words in the book? <i>Are there any words that you do not know? What doesmean? Which word means the same as...?</i>
Find it!	...talk about the characters and what is happening in the story? ...talk about the titles and facts in an information book? <i>Who? When? Where? What?</i>
Think about it!	...understand why things have happened in the book? <i>Why did ...happen after....? How do you know....? Which words suggest that....?</i>
Sequence it!	...talk about the order of events in the book? <i>What happened first? Next? After that? Finally?</i>

 Somerset Literacy Network

Reading at Home Key Stage 2



Can your child...

Predict it!	...predict what might happen from what you have read? <i>What happened first? Next? After that? Finally? Why?</i>
Understand it!	...explain the meaning of the more difficult words in the book? <i>What doesmean? Which word means the same as...?</i>
Find it!	...pick out information or key details from the book? <i>Which words....? Who? When? Where? What?</i>
Summarise it!	...tell you the main points in an information book? <i>What have you learned from this page?</i> ...talk about the main parts of the story? <i>What is this paragraph or chapter about?</i>
Think about it!	...think about what has happened in the book and give reasons why? <i>Which words tells you that....? How is the character feeling? How do you know?</i>
Link it!	...talk about how things in the book link together? <i>What are the themes in the book? What is the big idea?</i>
Listen to it!	...talk about why the writer has chosen words and phrases? <i>How does the book make you feel? Why? Are there parts of the book that you really enjoyed? Why?</i>
Compare it!	...talk about different parts of the story or characters? <i>How do the characters change in the story? Does this book remind you of other stories that you have read?</i>

 Somerset Literacy Network

Chat - Play - Read



SPRING TERM 2020

Half-term 17th–21st February

Spring term ends on Friday 27th March

SUMMER TERM 2020 begins Tuesday 14th April

May Bank Holiday **Friday** 8th May

Half-term 25th to 29th May

Summer Term Ends Friday 17th July

AUTUMN TERM 2020 begins Wednesday 9th September

Half-term 26th to 30th October

Autumn Term Ends 18th December

Kenn Primary School

THANK YOU....

from EXETER FOODBANK

To everyone who has so generously given food to help feed local people in crisis.

The food you have donated is making a very real difference to many people's lives in Exeter.

Donation in last 6 months: 70.1 kgs

All time donation: 98 kgs

Equivalent to approximately 1 baby elephants



Email: admin@kennandkenton.devon.sch.uk